

Activity Type

Listening, Grammar and Vocabulary Activity: total physical response (TPR), creating and following instructions (pair work)

Focus

Parts of the body

Action verbs

Imperatives

Aim

To practice parts of the body, action verbs and imperatives.

Preparation

A popular dance song

Level

Any

Time

20 minutes

Introduction

Here is a fun dance routine activity to help students practice parts of the body, action verbs and imperatives.

Procedure

Before you begin, review parts of the body and action verbs with the class.

Examples:

Parts of the body: arms, ears, knees, feet, nose, head, etc

Action verbs: walk, jump, wiggle, shake, clap, spin, run, kick, point, tap, wave, etc.

Next, create a large space in the classroom for the students to stand.

Give the students some basic instructions and have them follow along, e.g. 'Put your hands on your knees.' 'Put your hands on your head.' 'Shake your right leg,' etc.

Then, tell the students that they are going to create a new dance routine.

Play a popular dance song and suggest the first set of actions, e.g. 'Wave your hands in the air.' 'Put your hands on your hips.'

Write the sentences on the board and have the students do the actions.

Next, in pairs, students take it in turns to decide what action they think should come next.

As each new set of movements is suggested, write them on the board and ask the students to read them and do the actions.

When you have a long list of dance moves, play the music again and practice the dance routine as a class.

Finally, pairs practice alone and then come up one by one and do the dance routine in front of the class.

Award points for each performance or have the class vote for the best pair of dancers.