### Activity Type
Writing activity

### Language Focus
Adverbs of frequency

### Aim
To practice two sentence structures for frequency adverbs.

### Preparation
Make one copy of the worksheet for each student.

### Level
Pre-intermediate

### Time
35 minutes

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**Introduction**
This is a great activity to help students master the sentence structures used with adverbs of frequency.

**Procedure**

- **Give each student a copy of the worksheet.**
- **Ask the students to write their name at the top of the sheet.**
- **Go through the adverbs of frequency at the bottom of the worksheet and draw the students’ attention to the structures and examples.**
- **Remind them that when a sentence uses the verb to be, the frequency adverb is followed by an adjective.**
- **Students then complete the sentences by writing true information about themselves based on the adverbs of frequency on the worksheet.**
- **When the students are writing their sentences, it is important that nobody else can see what they are writing so tell them not to show their worksheets to anyone.**
- **When students have finished, collect the papers.**
- **Tell the students that they are now going to play a guessing game.**
- **Explain that you are going to read some of the sentences from each worksheet to the class and they have to guess who wrote them.**
- **After reading each worksheet, students guess who wrote the sentences.**
- **Award points for correct answers.**
- **The student with the most points wins the game.**
Complete the sentences below with true information about yourself.

Name: __________________________

1. I am always ......................................................................................................................
   I always ............................................................................................................................

2. I am usually ......................................................................................................................
   I usually ............................................................................................................................

3. I am frequently ..............................................................................................................
   I frequently ......................................................................................................................

4. I am normally ................................................................................................................
   I normally ......................................................................................................................

5. I am often......................................................................................................................
   I often ............................................................................................................................

6. I am sometimes ............................................................................................................
   I sometimes ...................................................................................................................

7. I am occasionally ...........................................................................................................
   I occasionally .................................................................................................................

8. I am rarely .....................................................................................................................
   I rarely ...........................................................................................................................

9. I am seldom ...................................................................................................................
   I seldom ..........................................................................................................................

10. I am never ....................................................................................................................
    I never ............................................................................................................................

Adverbs of Frequency

100% always     90% usually     80% frequently     80% normally     70% often
50% sometimes     30% occasionally     10% rarely     10% seldom     0% never

Structures: subject + be + adverb + adjective    subject + adverb + main verb

Examples: I am always happy.         I always pass my exams.