### Activity Type
Writing activity

### Language Focus
Adverbs of frequency

### Aim
To practice two sentence structures for frequency adverbs.

### Preparation
Make one copy of the worksheet for each student.

### Level
Pre-intermediate

### Time
35 minutes

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**Introduction**
This is a great activity to help students master the sentence structures used with adverbs of frequency.

**Procedure**

- Give each student a copy of the worksheet.
- Ask the students to write their name at the top of the sheet.
- Go through the adverbs of frequency at the bottom of the worksheet and draw the students’ attention to the structures and examples.
- Remind them that when a sentence uses the ‘verb to be’, the frequency adverb is followed by an adjective.
- Students then complete the sentences by writing true information about themselves based on the adverbs of frequency on the worksheet.
- When the students are writing their sentences, it is important that nobody else can see what they are writing so tell them not to show their worksheets to anyone.
- When students have finished, collect the papers.
- Tell the students that they are now going to play a guessing game.
- Explain that you are going to read some of the sentences from each worksheet to the class and they have to guess who wrote them.
- After reading each worksheet, students guess who wrote the sentences.
- Award points for correct answers.
- The student with the most points wins the game.
Complete the sentences below with true information about yourself.

Name: __________________________

1. I am always ........................................................................................................
   I always .............................................................................................................
2. I am usually ........................................................................................................
   I usually .............................................................................................................
3. I am frequently ..................................................................................................
   I frequently ........................................................................................................
4. I am normally ....................................................................................................
   I normally .......................................................................................................... 
5. I am often............................................................................................................
   I often .................................................................................................................
6. I am sometimes ............................................................................................... 
   I sometimes ....................................................................................................... 
7. I am occasionally ............................................................................................. 
   I occasionally ....................................................................................................
8. I am rarely .........................................................................................................
   I rarely ............................................................................................................... 
9. I am seldom ......................................................................................................
   I seldom ............................................................................................................
10. I am never ....................................................................................................... 
    I never ..............................................................................................................

Adverbs of Frequency

- 100% always
- 90% usually
- 80% frequently
- 80% normally
- 70% often
- 50% sometimes
- 30% occasionally
- 10% rarely
- 10% seldom
- 0% never

Structures: subject + be + adverb + adjective

Examples: I am always happy.

I always pass my exams.