**Activity Type**  
Writing activity

**Language Focus**  
Adverbs of frequency

**Aim**  
To practice two sentence structures for frequency adverbs.

**Preparation**  
Make one copy of the worksheet for each student.

**Level**  
Pre-intermediate

**Time**  
35 minutes

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**Introduction**

This is a great activity to help students master the sentence structures used with adverbs of frequency.

**Procedure**

1. Give each student a copy of the worksheet.
2. Ask the students to write their name at the top of the sheet.
3. Go through the adverbs of frequency at the bottom of the worksheet and draw the students’ attention to the structures and examples.
4. Remind them that when a sentence uses the verb ‘to be’, the frequency adverb is followed by an adjective.
5. Students then complete the sentences by writing true information about themselves based on the adverbs of frequency on the worksheet.
6. When the students are writing their sentences, it is important that nobody else can see what they are writing so tell them not to show their worksheets to anyone.
7. When students have finished, collect the papers.
8. Tell the students that they are now going to play a guessing game.
9. Explain that you are going to read some of the sentences from each worksheet to the class and they have to guess who wrote them.
10. After reading each worksheet, students guess who wrote the sentences.
11. Award points for correct answers.
12. The student with the most points wins the game.
Complete the sentences below with true information about yourself.

Name: __________________________

1. I am always ........................................................................................................
   I always ........................................................................................................

2. I am usually ......................................................................................................
   I usually .........................................................................................................

3. I am frequently ..................................................................................................
   I frequently ....................................................................................................

4. I am normally ....................................................................................................
   I normally ........................................................................................................

5. I am often .........................................................................................................
   I often ...........................................................................................................

6. I am sometimes ................................................................................................
   I sometimes ..................................................................................................

7. I am occasionally ............................................................................................
   I occasionally .................................................................................................

8. I am rarely .......................................................................................................
   I rarely ..........................................................................................................  

9. I am seldom ....................................................................................................
   I seldom .......................................................................................................  

10. I am never .......................................................................................................
    I never .........................................................................................................

Adverbs of Frequency

<table>
<thead>
<tr>
<th>Percentage</th>
<th>Adverb</th>
</tr>
</thead>
<tbody>
<tr>
<td>100%</td>
<td>always</td>
</tr>
<tr>
<td>90%</td>
<td>usually</td>
</tr>
<tr>
<td>80%</td>
<td>frequently</td>
</tr>
<tr>
<td>80%</td>
<td>normally</td>
</tr>
<tr>
<td>70%</td>
<td>often</td>
</tr>
<tr>
<td>50%</td>
<td>sometimes</td>
</tr>
<tr>
<td>30%</td>
<td>occasionally</td>
</tr>
<tr>
<td>10%</td>
<td>rarely</td>
</tr>
<tr>
<td>10%</td>
<td>seldom</td>
</tr>
<tr>
<td>0%</td>
<td>never</td>
</tr>
</tbody>
</table>

Structures: subject + be + adverb + adjective  
subject + adverb + main verb

Examples: I am always happy. I always pass my exams.