

### Activity Type

Reading and writing activity

### Language Focus

Intensifiers

Extreme sports

### Aim

To identify intensifiers and use them to modify language and write about extreme sports.

### Preparation

Make one copy of the two-page worksheet for each student.

### Level

Intermediate (B1)

### Time

25 minutes

### Introduction

In this intensifiers worksheet, students identify intensifiers and use them to modify language and write about extreme sports.

### Procedure

Give each student a copy of the two-page worksheet.

Working alone, students begin by reading a text about extreme sports and underlining all the intensifiers. There are 12 intensifiers in the text in total.

Students then write down the intensifiers they found in the text.

Exercise A and B - Answer key

very (4x)	extremely (1x)
incredibly (3x)	completely (1x)
totally (2x)	really (1x)

After that, students use their own ideas to complete sentences about extreme sports with an intensifier and an adjective.

Students then move on to complete sentences by adding an intensifier with an adverb.

Next, students rewrite sentences adding in an intensifier to modify an underlined word.

Exercise E - Answer key

1. really/very/incredibly/extremely dangerous
2. totally/completely ready
3. completely/very prepared
4. really/very/incredibly/extremely difficult
5. really/very/extremely carefully
6. very/completely/totally comfortable

In the last exercise, students complete sentences with a sport that fits the description in each sentence.

After each exercise, review the students' sentences as needed.

An intensifier is an adverb that comes before an adjective or another adverb to strengthen its meaning and emphasize its effect.

**A. Read the text about extreme sports and underline the intensifiers.**

Extreme sports are different from average sports because they are incredibly risky. Either you perform the sport at an extremely fast pace or its location is incredibly dangerous. In order to do an extreme sport completely safely, you should be really experienced at it.



Free solo climbing is an example of a very dangerous extreme sport. It involves climbing incredibly steep cliffs that can be thousands of feet high. The most terrifying thing about this sport is that you climb without any equipment. That's totally crazy, right? Those who have done this sport have said that the only way to do it successfully is by climbing very slowly and remaining totally focused on every move you make.

For the adrenaline junkies, extreme sports are very attractive and intriguing. But, if you're thinking about taking up an extreme sport, think very hard about the challenges involved.

**B. Write down the intensifiers that you underlined in the text.**

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**C. Complete each sentence with an intensifier and an adjective.**

1. Starting a new sport can be .....
2. Doing an extreme sport without any experience is .....
3. Extreme sports are more attractive than regular sports because .....
4. While doing an extreme sport you should be .....
5. Some people won't ever try an extreme sport because .....
6. If I ever did an extreme sport, I would feel .....

**D. Complete each sentence by adding an intensifier with an adverb.**

1. The most important thing about doing an extreme sport is doing it .....
2. The key to success in extreme sports is doing them .....
3. To train someone in an extreme sport, you must know the sport .....
4. If you do a sport you love, time will pass .....
5. Before deciding on an extreme sport you should research it .....
6. No matter what sport you decide to do, make sure you do it .....

**E. Rewrite each sentence by adding in an intensifier to modify the underlined word.**

Example: Every time I do a sport, I practice hard.

*Everytime I do a sport, I practice **really** hard.*

1. Skydiving is a dangerous sport and I'm scared to try it.

2. I will only try an extreme sport on my own for the first time when I'm ready.

3. My trainer said that if I'm prepared each time I do the sport, it will be easy.

4. But if I'm not prepared, it will be difficult.

5. When doing an extreme sport, each move should be done carefully.

6. While I'm skydiving, I feel comfortable. But every time I go, my mother is anxious.

**F. Using your own ideas, complete each sentence with a sport that fits the description.**

1. .... is a very difficult sport to learn.

2. .... is a sport that is completely safe.

3. .... is a sport that is performed in extremely deep water.

4. .... is a sport where time moves very slowly.

5. .... is a sport that people find completely fascinating.

6. .... is a sport that most people find totally boring.

7. .... is a sport that everyone can play very easily.

8. .... is a sport that you need to be completely prepared for.

9. .... is a sport that I do very badly.

10. .... is a sport that I do incredibly well.

11. .... is a sport that makes me feel very tired.

12. .... is a sport that makes me feel totally confused when I watch it.

