Activity Type
Reading, listening and speaking activity, pairwork

Language Focus
Adjectives to describe feelings and emotions

Aim
To describe how you felt the last time certain things happened to you.

Preparation
Make one copy of the game board for each pair of students. Enlarge the game board to A3 if possible. Also, provide a dice and two counters for each pair.

Level
Pre-intermediate

Time
25 minutes

Introduction
In this adjectives to describe feelings board game, students practice describing how they felt the last time certain things happened to them.

Procedure
Demonstrate the activity by asking students how they felt the last time the following things happened to them:

How did you feel...
...the last time you had a difficult test?
...the last time you went on holiday?
...the last time you couldn't fall asleep?

Encourage the students to give as much information as possible and ask them follow-up questions. If need be, elicit suitable adjectives to describe their feelings and emotions.

Next, explain that the students are going to play a board game where they talk about how they felt the last time certain things happened to them.

Divide the students into pairs.

Give each pair a copy of the game board, a dice and two counters.

The students place their counters on the start square.

The first student to throw a six starts the game.

The students then take it in turns to roll the dice and move their counter along the board.

When a student lands on a square, their partner asks them the 'How did you feel...?' question on the square.

The student then answers the question by describing how they felt the last time the thing happened to them.

Encourage students to ask their partner follow-up questions to continue the conversation and gain more information.

The first student to reach the finish wins the game.

When everyone has finished, have a class feedback session to find out how students felt about each topic and to elicit suitable adjectives to describe their feelings and emotions. Any interesting findings can be discussed in more detail.
## Adjectives to Describe Feelings and Emotions

### How did you feel...?

<table>
<thead>
<tr>
<th>Finish</th>
<th>😊</th>
<th>Go back 1 space</th>
<th>😞</th>
<th>Super skip! Move ahead</th>
<th>😞</th>
</tr>
</thead>
<tbody>
<tr>
<td>...the last time you lost something?</td>
<td>😞</td>
<td>...the last time you watched a horror film?</td>
<td>😞</td>
<td>...the last time you won something?</td>
<td>😞</td>
</tr>
<tr>
<td>...the last time you did a lot of exercise?</td>
<td>😞</td>
<td>...the last time you had to wait a long time?</td>
<td>😞</td>
<td>...the last time you went on holiday?</td>
<td>😞</td>
</tr>
<tr>
<td>...the last time you made a mistake?</td>
<td>😞</td>
<td>...the last time you had a difficult test?</td>
<td>😞</td>
<td>...the last time someone gave you a hug?</td>
<td>😞</td>
</tr>
<tr>
<td>Miss a turn</td>
<td>😞</td>
<td>...the last time you laughed a lot?</td>
<td>😞</td>
<td>...the last time you cheered someone up?</td>
<td>😞</td>
</tr>
<tr>
<td>...the last time you travelled by boat?</td>
<td>😞</td>
<td>...the last time you ate too much?</td>
<td>😞</td>
<td>...the last time a beggar asked you for money?</td>
<td>😞</td>
</tr>
<tr>
<td>...the last time a motorist drove closely behind you?</td>
<td>😞</td>
<td>...the last time someone interrupted you?</td>
<td>😞</td>
<td>...the last time you travelled by airplane?</td>
<td>😞</td>
</tr>
<tr>
<td>...the last time you were invited somewhere?</td>
<td>😞</td>
<td>Oh no! Go back</td>
<td>😞</td>
<td>...the last time you got stuck in a traffic jam?</td>
<td>😞</td>
</tr>
<tr>
<td>Go forward 2 Spaces</td>
<td>😞</td>
<td>...the last time you got soaked in the rain?</td>
<td>😞</td>
<td>...the last time a friend cancelled on you?</td>
<td>😞</td>
</tr>
</tbody>
</table>

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