

Activity Type

Grammar, Reading and Writing Exercises: identifying, gap-fill, writing a short paragraph

Focus

Past simple affirmative and negative sentences, regular and irregular past simple verb forms

Aim

To read a text and then complete sentences about the text in the past simple tense.

Preparation

Make one copy of the worksheet for each student.

Level

Elementary (A1-A2)

Time

25 minutes

Introduction

In this past simple worksheet, students read a text about 'Mark the Jogger' and complete past simple affirmative and negative sentences about the text.

Procedure

Give each student a copy of the worksheet.

First, students read about Mark's day and underline all the verbs in the text.

Exercise A - Answer key

get, have, go, eat, ride, takes, start, have, finish, am, arrive, cook, watch, go, go, sleep

Students then complete past simple affirmative and negative sentences about what he did and didn't do yesterday by changing the verbs in the text into their past simple form.

Exercise B - Answer key

1. got / had
2. went
3. ate
4. rode
5. took
6. He started work
7. He didn't have
8. He finished work
9. was / arrived
10. He cooked
11. He watched
12. He didn't go
13. He went
14. He slept

Next, students write a short paragraph about what they did yesterday in the past simple tense.

Finally, students read their paragraphs to the class.

A. Read about Mark's day and underline the verbs in the text.

I usually get up at 6 o'clock and have a shower. Then, I go for a jog in the park. After that, I eat a big breakfast and ride my bicycle to work. It takes me about half an hour to get to work. I start work at 8:30 a.m. I don't have lunch. I finish work at 5 o'clock. I am always tired when I arrive home. I usually cook dinner in the evening and then watch TV. I don't go out at night. I go to bed at 10:30 p.m. I always sleep well.

B. Yesterday was a normal day for Mark. Use the verbs from the text to complete the past simple affirmative and negative sentences about what he did or didn't do yesterday. Write one word in each space.

1. He up at 6 o'clock and a shower.
2. He for a jog in the park.
3. He a big breakfast.
4. He his bicycle to work.
5. It him half an hour to get to work.
6. at 8:30 a.m.
7. lunch.
8. at 5 o'clock.
9. He tired when he home.
10. dinner.
11. TV.
12. out last night.
13. to bed at 10:30 p.m.
14. well last night.



C. Write a short paragraph about what did you do yesterday using the past simple.

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